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INSIDE CARLY SIMON'S 'BROKEN HEART' {page 12}

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The Big Issue

TO SERVE AND PROTECT?

- Right after 9/11, the NYPD's approval rating was at a record high
- But a series of public missteps has chipped away at New Yorkers' faith in our police force

{pages 08-09}

News

Gloves are off: Republicans fighting dirty

- Romney gets negative to hit back at Gingrich, calls Newt erratic like a 'pinball machine'
- Attacks won't slow {page 06}

Hey parents, you must chill

If you're too anxious about your children it could really screw them up {page 18}

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MTA beefs up security

243 new police recruits added underground as the MTA and NYPD try to stem rising tide of crime in the subways Major crime is up, but arrests down in 2011, new data shows

EMILY ANNE EPSTEIN/METRO

Major felony crimes in the subway are up 16 percent compared to 2010, and the NYPD has added 243 more police to its Transit Bureau in response.

Subway crime increase

- 350 more major felonies, such as rape, murder and grand larceny, were committed in the subway system in 2011 than in 2010, a 16 percent increase, according to the MTA.
- In 2011 an average of nearly seven major felonies were committed every day, up from an average of 6 major felonies committed daily in 2010 and 5.6 per day in 2009.
- In 2009, 35 percent of subway crime was the theft of electronics, and in 2011, that number grew to 49 percent, according to NYPD Transit Chief Joseph Fox.
- In 2011, the majority of crimes were committed in Brooklyn (37 percent) and Manhattan (35 percent), with the Bronx (16 percent) and Queens (12 percent) making up just one-third of crime.

The NYPD and the MTA are combating skyrocketing subway crime with a surge of new recruits.

NYPD Transit Chief Joseph Fox announced yesterday that 243 rookie cops from the Police Academy's January graduating class have been assigned to the Transit Bureau. Those recruits bring the total number of dedicated subway cops to 2,496, he said.

But don't be too impressed: Fox said the addition only brings the total number of transit cops back to 2010 staffing levels.

"Subways are very busy places. They'll be put to good use," said Fox of the new hires.

The chief bragged that in their first 13 days on the force, each rookie has made at least one arrest.

The new police are sorely needed underground.

Although crime was up in 2011, MTA statistics released yesterday reveal that the NYPD hasn't kept pace with increased arrests.

> **"It's an extremely safe system. Safety doesn't mean letting our guard down."**
> JOSEPH FOX, NYPD TRANSIT CHIEF

In 2011, there were 1,392 less arrests on the trains than in 2010. There were also 12,962 less summonses issued last year than in 2010.

MTA board member Andrew Albert said yesterday the growing crime of subway fare evasion is of particular concern.

"I'm seeing more fare evasion than I've seen in a long time," he said.

Fare evasion was the one area where the NYPD has made more arrests, 427 more in 2011 than in 2010.

"We're in the process of doing all we can," said Fox.

EMILY ANNE EPSTEIN
emily.epstein@metro.us

Higher fines

- A state senator has cleared the way to jack up fines for farebeating from $100 to $500. The Senate passed Sen. Charles Fuschillo's legislation yesterday. "The MTA and its fare-paying riders shouldn't have to spend tens of millions of dollars more each year paying for other people's illegal free rides," Fuschillo said.

In the news

3 World Trade may be cut by 73 stories

The developer of 3 World Trade Center, Larry Silverstein, may cap the under-construction office tower to less than a tenth of its original size, according to Crain's New York. The move stems from a 2010 agreement between Silverstein and the Port Authority that Silverstein had to have the first 10 of its planned 80 floors pre-leased, or risk simply building a seven-story tower. Silverstein may still go ahead with the taller skyscraper if he can find a major tenant by the end of this year. METRO/SV

Correction

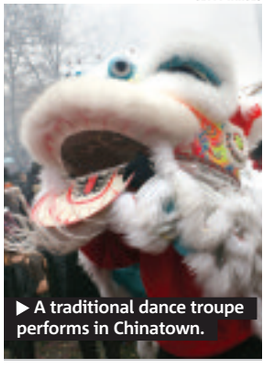
According to a report done by the New York City Public Advocate, about child deaths in New York City, 75 children died over a multi-year period, not only in 2011 as reported in yesterday's paper. Metro regrets the error.

Welcoming in 2012, the Year of the Dragon

NEW YORK. Yesterday marked the first day of the Chinese new year, the Year of the Dragon. There were celebrations throughout Chinatown, including the firecracker ceremony in Roosevelt Park. There, firecrackers were set off in hopes of warding away evil spirits in the new year. But the big Chinese new year parade will be this Sunday, Jan. 29. There is a growing demand to give New York City public school students the Chinese new year off as an official school holiday. METRO/CB

14 percent of students in the city's public school system are Asian-American.

GETTY IMAGES



A traditional dance troupe performs in Chinatown.

MTA turns down offer of free bus for 7-train riders

QUEENS. MTA officials have rejected a $250,000 offer made by Queens Councilman Jimmy Van Bramer to fund a free shuttle-bus service for frustrated straphangers on the 7 train. After Queens residents discovered they have 11 consecutive weekends of service outages, Van Bramer said he offered to pay for a direct bus from Long Island City to Grand Central. Van Bramer said the MTA declined his offer, saying their three-transfer bus plan would be a faster alternative. METRO/SV

11 The 7 train will not run between Times Square and Queensboro Plaza for 11 weekends now through March 31.

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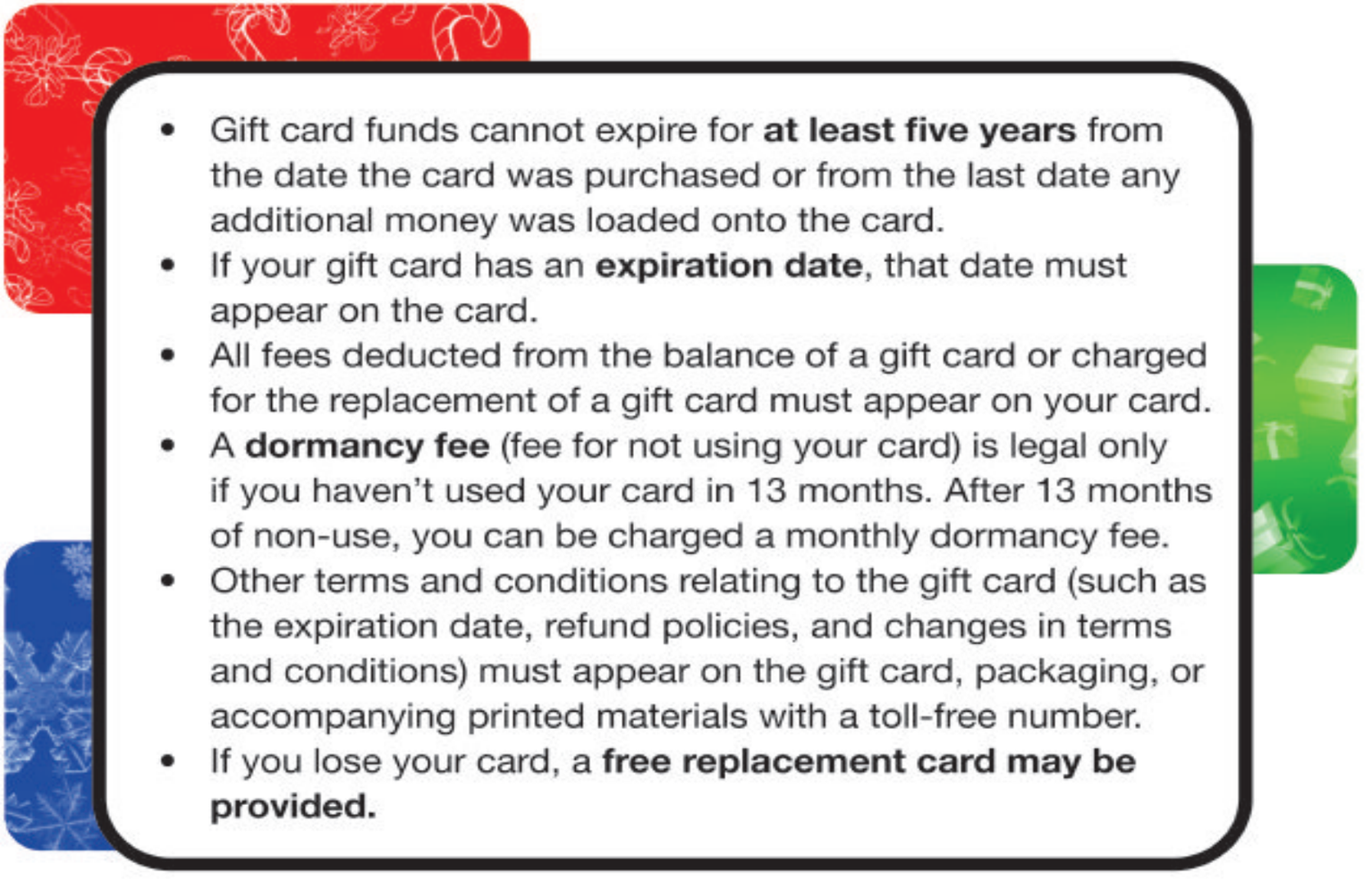

- Gift card funds cannot expire for **at least five years** from the date the card was purchased or from the last date any additional money was loaded onto the card.
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- Other terms and conditions relating to the gift card (such as the expiration date, refund policies, and changes in terms and conditions) must appear on the gift card, packaging, or accompanying printed materials with a toll-free number.
- If you lose your card, a **free replacement card may be provided.**

These rights do not apply to certain prepaid cards, such as telecommunications cards; general purpose reloadable prepaid cards; event or venue admission cards; cards redeemable for specific goods or service; and loyalty, award, or promotional gift cards.

To learn more, **call 311** and ask for Holiday Shopping Tips from the Department of Consumer Affairs or visit **nyc.gov**

NYC Department of Consumer Affairs

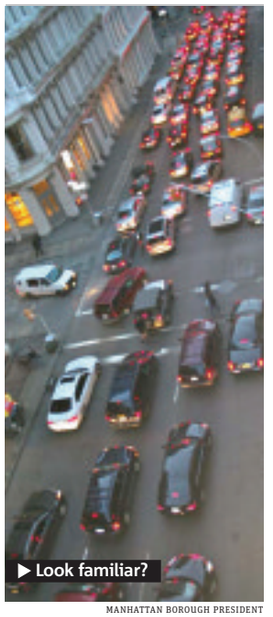
‘Unholy’ traffic mess in SoHo, says Stringer

Calling SoHo streets an “unholy mess,” Manhattan Borough President Scott Stringer said yesterday that something must be done to unclog traffic in downtown Manhattan.

Stringer held a press conference yesterday afternoon at Mercer and Broome streets to discuss the gridlock, a problem he said dozens of New Yorkers have called his office to complain about.

“Horn honking has become the lullaby of lower Broadway,” Stringer said. “Broome Street has turned into a pedestrian nightmare filled with impatient drivers.”

Cars driving west along Broome clog the street while trying to get into the Holland Tunnel, he said. Traffic is often stuck at a standstill; there is too much honking and crosswalks are often so clogged that pedestrians need to weave through cars to cross the street, Stringer added.



MANHATTAN BOROUGH PRESIDENT

Quoted

“Broome Street has turned into a pedestrian nightmare.” STRINGER

In a letter to Department of Transportation Commissioner Janette Sadik-Khan, he asked the DOT to address the gridlock. He suggested more traffic cameras, signage and crosswalk repairs along Mercer Street.

Brad Hoylman, chair of Community Board 2, which includes SoHo, confirmed the traffic headache.

“Congestion in SoHo has long been a serious and vexing problem for residents and pedestrians in this historic neighborhood,” he said.

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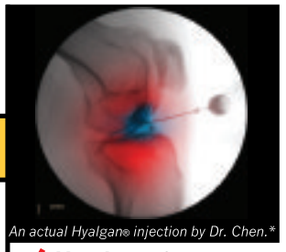
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*Color added to emphasize treatment. **Co-insurance and deductible apply. Unfortunately at this time, we do not participate with Medicaid, Worker's Comp., No-fault (car accident insurance), and EPO or HMO plans.
1. Daley EL, Bajaj S, Bisson LJ, et al. Am J Sports Med. 2011 Mar;39(3):656-62. Epub 2011 Jan 21.
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Site hosted drug, sex links

Potential challenger to NY Sen. Kirsten Gillibrand runs blog that linked to posts about sex, women, drugs Gillibrand calls the site 'anti-women'

A potential challenger to Sen. Kirsten Gillibrand (D-NY) denied yesterday that he authored blog posts she blasted as sexist.

Marc Cenedella, a businessman poised to campaign for Gillibrand's seat when she is up for re-election in November, runs a website where blog posts once ran with headlines such as "Sexy vs. Skanky" and "High Quality Dope," The New York Times reported Sunday.

The posts can no longer be found on www.blog.theladders.com/rock, a blog associated with TheLadders.com. TheLadders.com is a job-search site Cenedella, 41, founded in 2003. It has reportedly helped make him a millionaire.

But The Times reported Sunday that Cenedella's photo was on the site with the title, "The personal blog of Marc Cenedella." Sprinkled among articles about finessing résumés were posts about sex and drugs, according to the Times.

At an event yesterday on Internet security, Gillibrand said the postings were "anti-women and very disrespectful."

Bill O'Reilly, Cenedella's spokesman, said the posts were written between 2003 and 2008 by five or six different authors. Cenedella recalls the posts, but not whether he specifically wrote them, O'Reilly added.

For example, one post linked to an outside site, which suggested March 14 be a holiday when women offer steak and oral sex to men. Posts like these, O'Reilly said, linked to text that was not written by Cenedella or his colleagues. But he said Cenedella is still assuming responsibility for the blog. "It's impossible to determine which author linked to it, but as the publisher, he takes full ownership of it," he said.

ALISON BOWEN
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Some light reading?

The posts in question are no longer available, but the Times reported that these were among them:

- "Sexy vs. Skanky"
- "Dating Advice for Girly Girls"
- "He Stole My Weed"
- "High Quality Dope"
- "A New Holiday for Men"
- "Omarosa Jock Straps"

"I think New Yorkers of all people understand the blog world and how it works. We don't see this as a significant issue. ... Kirsten Gillibrand has once again shown today that she does not understand the Internet."
BILL O'REILLY, CENEDELLA'S SPOKESMAN

GENNADY GUROV

▶ A spokesman for Internet millionaire Marc Cenedella, above, accused Gillibrand's office of leaking controversial blog posts.

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Former front-runner Romney fights fire with fire, gets into the negative attack game Hits Gingrich hard on character issues Gingrich hits back

Republican presidential candidate Mitt Romney yesterday sharpened his attacks on rival Newt Gingrich's business past and character ahead of a crucial debate in which Romney needs a strong performance to recharge his bid for the White House.

Romney blasted Gingrich yesterday as an erratic politician who has switched positions "almost like a pinball machine," in a toughening of his rhetoric to try to halt his chief rival's surprising momentum.

Seeking to regain his footing after losing Saturday's South Carolina primary badly to Gingrich, Romney challenged the former speaker of the House of Representatives to return the $1.6 million in consulting fees he made from Freddie Mac and detail the work he performed for the troubled mortgage giant.

"I think as you look at the speaker's record over time, it's been highly erratic. He's gone from pillar to post almost like a pinball machine, from item to item in a way which is highly erratic." ROMNEY

It looked to be a tit-for-tat "disclosure" tactic on Romney's part after Gingrich effectively attacked him last week for not releasing his tax returns. Romney, who is worth some $270 million, will disclose two years of returns today.

New opinion polls show that Gingrich has now jumped into the lead in Florida ahead of the state's pivotal Jan. 31 primary, the fourth contest in the state-by-state battle for the Republican nomination to face President Barack Obama, a Democrat, in the Nov. 6 election.

A Rasmussen Reports telephone survey of likely Republican voters put Gingrich on top of Romney by 9 percentage points and an Insider Advantage poll showed Gingrich with a lead of 8 percentage points.

Romney hit Gingrich hard on character issues. He warned Republicans that there might be enough baggage in Gingrich's past that could hurt the party's chances of taking back the White House from Obama. Romney's campaign also released a TV ad to criticize Gingrich's Freddie Mac ties and link them to Florida. REUTERS

Gingrich gets even

WASHINGTON. Just as Romney was on the defensive over taxes last week, Gingrich had to explain his Freddie Mac role.

In an interview on ABC's "Good Morning America", Gingrich said Romney was not being honest when he called him a "lobbyist" for Freddie Mac. Gingrich also said he would work to get his consulting contract with Freddie Mac released.

"I did no lobbying, period," Gingrich said. "He keeps using the word 'lobbyist' because I'm sure his consultants tell him it scores well." REUTERS

BLOOMBERG

▶ This unused cover option for Bloomberg Businessweek made the rounds online yesterday. Editor Josh Tyrangiel explained why they didn't go with it: "A lot of times these decisions are about all of us putting our finger in the air and trying to figure out which way the zeitgeist is blowing." Someone needs a weatherman.

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Crossing the aisle: Obama's mistake?

For complaints, suggestions and third-party communiques on behalf of an embattled West African monarchy, please e-mail brayden.simms@metro.us.

SHAHAR AZRAN/WIREIMAGE

▶ President Obama will likely work to repair the damage to his brand in tomorrow's night's State of the Union speech.

Last night the four Republican presidential hopefuls still left standing met in Tampa, Fla., for the 18th debate of the campaign cycle, and we're sure it was a doozy. Former front-runner Mitt Romney, buffeted by attacks from the tricky Newt Gingrich, must take control of the narrative and go on the offensive. We predict a rumble.

However, the debate runs too late for our analysis, which will instead run tomorrow. Today we're going to address a New Yorker article by reporter Ryan Lizza that chronicles the death of hope in President Obama's first three years of rule as the Chicago newcomer's much-ballyhooed post-partisanship crashed headfirst into the messy realities of Washington gridlock.

In this analysis, reformer Obama grossly underestimated the nature of U.S. two-party politics, in which a win for one party — and perhaps the country at large — may be perceived by the opposition party as a big loss (and therefore scuttled) regardless of its potential to improve the lot of regular Americans; and in which a hyperpartisan national media infrastructure can effectively motivate negative public opinion in support of special interests.

In short, the system — as we all now, irrespective of party affiliation, seem hopelessly aware — is broken at the core. When potentially beneficial legislation is viewed in Washington through the prism of future electoral chances; when, in other words, good ideas are killed off solely owing to the perception that they could aid rival politicians come next November; when elected officials weigh their own upcoming contests more heavily then the general welfare of the American people; what we get are politicians looking to benefit not "we the people" but "me the candidate."

Obama, of course, did not create this system, but he does seem to have run aground of it. And if he wants to win re-election, he'll have to work with it.

Metro does not endorse the opinions of the author, or any opinions expressed on its pages.

Metropolitik

BRAYDEN SIMMS

POLITICAL REALISM FOR THE URBAN PROLETARIAT

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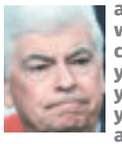
Slip of the tongue — or straight talk?

"If I'm fortunate enough to become president, I'll care very deeply about it getting better in a big hurry."

MITT ROMNEY ON THE ECONOMY YESTERDAY. SOME HAVE POINTED OUT THAT ROMNEY'S DICTION HERE IMPLIES THAT HE'S NOT PARTICULARLY INTERESTED IN THE ECONOMY IMPROVING IN THE MEANTIME, WHICH MAKES PERFECT SENSE: ROMNEY IS RUNNING ON A PLATFORM THAT CLAIMS PRESIDENT OBAMA HAS FAILED TO IMPROVE THE ECONOMY.

19,552

Number of signatures at "We The People" White House website imploring the president to investigate former Sen. — and current chief lobbyist for the Motion Picture Association of America — Chris Dodd for "publicly admit[ing] to bribing politicians to pass legislation [SOPA/PIPA]." According to the petition, Dodd told politicians: "Don't



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THE BIG ISSUE

WITH METRO'S
CASSANDRA GARRISON

@cassieatmetro cassandra.garrison@metro.us

After accusations of rape, spying and brutality, public faith wavers in the NYPD Yes, the nation's largest police force has prevented 14 terrorist attacks since 9/11 But the department has also been hit by several scandals that risk harming New Yorkers' confidence in police

CAN WE STILL CALL THEM NY'S FINEST?

Black eyes

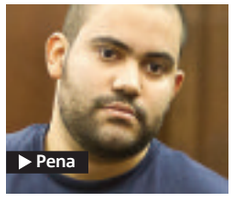
- West African immigrant Amadou Diallo was killed in 1999 in front of his Bronx apartment after he was shot 19 times by officers who said they thought he was reaching for a gun. He was unarmed. The four officers were acquitted of second-degree murder charges.

Bell

- Police shot and killed 23-year-old Sean Bell the night before his wedding in 2006, when officers fired 50 bullets at the car he was in with friends. Three detectives who said they thought he had a gun were indicted but acquitted in 2008. The city paid a $7 million lawsuit to his friends and family.
- 33-year-old Vionique Valnord of Brooklyn was killed while hailing a taxi when she was struck by an SUV driven by a drunk, off-duty NYPD officer in 2009.
- Michael Mineo publicly accused three cops of assaulting and sodomizing him with a baton in a Brooklyn subway station in October 2008. The three officers were acquitted in February, 2010.

Mineo

- Shem Walker was shot and killed during a scuffle with an undercover NYPD officer who was sitting on the stoop of his mother's Fort Greene home in 2009. Walker, who was unarmed, supposedly had no idea the man was a cop.
- Michael Daragjati, a white NYPD officer, pleaded guilty to civil rights violations after he bragged about arresting a black man in Staten Island in April of 2011.
- Officer Emmanuel Tavarez pleaded guilty in April 2011 to robbing drug dealers of cash and drugs.


Pena

- NYPD officer Michael Pena was charged with the rape of a woman who said he attacked her when she asked him for directions while he was off-duty in Inwood in August 2011.
- Seventeen police officers were indicted in September of 2011 in an alleged ticket-fixing scandal that got rid of traffic tickets for friends and family members with the help of cops.
- Five NYPD cops were busted in October of 2011 for smuggling firearms and slot machines as part of a 12-person theft ring. The operation had been under federal surveillance the entire time.
- An AP investigation in 2011 revealed the NYPD had been spying on New York Muslims by infiltrating mosques and student groups.
- Commissioner Ray Kelly announced new infrared technology that will help police detect whether someone is carrying a gun without frisking them in January 2012. Critics argue that the tactic is invasive and unconstitutional.

Last year was a rocky one for the NYPD. The largest police force in the U.S. at 34,500 officers strong was consistently under scrutiny for highly publicized scandals and shocking revelations. Rape accusations against police, a ticket-fixing scandal, reporters arrested while covering Occupy Wall Street — with each embarrassing headline, New York's Finest damaged its once record-high level of trust among the public.

In a post-9/11 world, New Yorkers willingly put their faith in the NYPD to protect them from another attack by any means necessary. Approval rating of the police force among the public was a soaring 76 percent in February 2002, according to a Quinnipiac poll. The NYPD has taken a swift and effective approach to terrorism, and there has not been another attack on its watch in 10 years. In fact, the overall approval of the NYPD remains exceptionally high, wavering between 60 and 69 percent.

But it's when voters are polled on more specific issues, including headline-making scandals like the shooting death of Sean Bell and force used against Occupy Wall Street protesters, that a growing public mistrust begins to reveal itself. For example, in October of 2011, at the height of OWS, voters were split 46 to 45 percent in their approval of the way police handled the Wall Street protests.

"Officers risk their lives every day and the NYPD has been top-notch in protecting this city from terror attacks, both of which we all recognize and deeply appreciate," said City Councilman Jumaane Williams, who represents Flatbush. "Where trust has taken a serious hit is in people's day-to-day lives."

Williams had his own run-in with police in 2011, when he was arrested at the West Indian Day Parade. Cops said Williams didn't follow requests to stay behind police tape, but Williams, who is African-American, said he was a target of racial profiling, something that he said happens far too often in police work.

"We hear stories about a bad apple here and there, and the fact is we now have a bumper crop of bad apples," Williams said.

One of the most shocking incidents to come out of 2011 was the trial of officers Kenneth Moreno and Frank Mata who were charged with the rape of a woman they were enlisted to help. Though they were only convicted of official misconduct, the case struck a chord with New Yorkers, especially among victims of sexual assault, who often hesitate to report their rapes.

"Even though the officers were acquitted, nothing could undermine public trust in the police — who are supposed to be guardians of people — more than charges that they use their unique powers to do good to perpetrate evil," said John Jay professor and former NYPD officer and city prosecutor Eugene O'Donnell.

New Yorkers are indeed fed up and disappointed with the NYPD immediately after an embarrassing public gaffe. But the police force's overall approval rating never dips too low.

Are New Yorkers willing to forgive in exchange for safety — and if so, how long will that last?

WRITE TO METRO: LETTERS@METRO.US

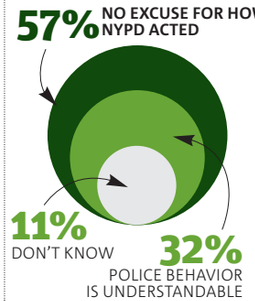
Quoted

"There is no independent agency to perform oversight; the NYPD tells us everything is OK, and we are expected to believe it — no matter how many incidents point to the contrary."
JUMAANE WILLIAMS

SOURCE: QUINNIPIAC

Poll

How do you feel about the shooting death of Sean Bell?



EMILY ANNE EPSTEIN/METRO

▶ Nearly half of New Yorkers polled in October disapproved of the way the NYPD handled the policing of Occupy Wall Street.

Some suggest outside review and retraining

Even after a scandal-ridden year for the NYPD, Mayor Michael Bloomberg made no direct reference to the gaffes during his 2012 State of the City Address earlier this month. Instead, he called the NYPD the best police force in the world.

"Commissioner [Ray] Kelly has done an outstanding job making sure that New York's Finest are also the most upstanding," Bloomberg said.

In what may have been a subtle nod to the rash of bad press, the mayor announced he would beef up attorney staffing by adding four lawyers to the Commission to Combat Police Corruption, which was established in 1995 to oversee anti-corruption programs within the NYPD. It is separate from the police force, but its strength is limited by its lack of subpoena power.

Sunita Patel, an attorney for the Center for Constitutional Rights, suggests New York City adopt an independent monitoring bureau, like those in New Orleans and Cincinnati, to increase transparency and rebuild trust.

"After someone has been a cop four or five years, pull them off the street ... and retrain them. My guess is you'll get a better cop back."
ATTORNEY KEN RAMSEUR

"The police can't be trusted to police themselves right now," Patel said. "Instead, the police hide from public scrutiny."

Kenneth Ramseur, an attorney whose clients include both police officers and those who sue the NPYD, said he believes many of the police force's publicized mistakes are the result of poor training.

"After someone has been a cop four or five years, pull them off the street, give them a sabbatical and retrain them," Ramseur said. The NYPD did not respond to inquiries about whether officers receive refresher training at any point during their careers.

Stop and frisk: A violation of constitutional rights?

Stop-and-frisk tactics, introduced under Mayor Rudy Giuliani's administration and stepped up by Mayor Michael Bloomberg, let cops pat down anyone they suspect of a crime. Critics call it unconstitutional, while Bloomberg and NYPD Commissioner Ray Kelly credit the practice with lower crime rates and more arrests.

Attorney Kenneth Ramseur said stop-and-frisk is just another way for police to keep up with arrest statistics, though they rarely lead to a conviction.

"He's not telling you the cops aren't showing up in court and the cases are getting dismissed," Ramseur said of Kelly. "He's being deceitful to the public."

Sunita Patel, an attorney working on Floyd, et al. v. City of New York, et al., a class-action lawsuit on its way to trial that challenges stop-and-frisk tactics as unconstitutional acts of racial profiling, said minorities are most frequently targeted.

"Unfortunately the NYPD has built a reputation of harassing black and brown residents rather than fighting crime," Patel said. "This means that trust is eroded and communities are less safe."

SOURCE: CENTER FOR CONSTITUTIONAL RIGHTS

By the numbers

600,601
Stop and frisks in 2010

87%
Of people stopped and frisked were black or Latino

.13%
Of stop and frisks resulted in the discovery of a firearm

7%
Of stop and frisks resulted in an arrest

GETTY IMAGES

▶ New Yorkers protest police brutality.

On the subject

A call for limits for city chief of police

▶ Kelly

Ray Kelly is the only police commissioner in city history to hold the position for two non-consecutive terms. He started his most recent run in 2002 and has remained at the post throughout Mayor Michael Bloomberg's time in office. Kelly was criticized last year in the wake of the NYPD's handling of Occupy Wall Street and attention surrounding stop-and-frisk policies.

Eugene O'Donnell, a former NYPD officer and prosecutor who now teaches at John Jay College of Criminal Justice, suggests six-year term limits for the police commissioner, citing the danger of a role that goes relatively unchecked for an unlimited period of time.

"The Police Commissioner has the power to influence policing strategies, relationships with the community and the overall effectiveness and tone of law enforcement which in a practical way exceeds the power of the mayor," O'Donnell said.

"Concentrating power in the hands of any one person for too long a period invites abuse," he added.

myentertainment

2

THE WORD

Metro's **Dorothy Robinson** shares her take on the world of gossip @dorothyatmetro dorothy.robinson@metro.us

The feed ...

Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Alyssa Milano is mad at her phone, Steve Martin is ready to serve, Kathy Najimy is feeling fatigued, and Donald Glover is learning things from TV.

@Alyssa_Milano: Dear Auto Correct, Duck you. Sincerely, Everyone

@SteveMartinToGo: Waiting for call asking me to do halftime show at Superbowl with solo banjo. How will I control fans rushing stage? Details to work out.

@kathynajimy: want a great idea for a good invention? swollen feet you can screw off at the end of the day and store on the shelf.

@DonaldGlover: watchin french children's show explain how to make a homemade alarm for your sack lunch. If it was in black & white, it'd be a masterpiece

Milano

Health scares of the stars

The Australians must be desperate.

They've flown **Kevin Federline**, 33, all the way to their country to star in their weight-loss reality show, "Excess Baggage" (because, apparently, "Celebrity Fit Club" worked out so well for him). But their workouts were too much for the former dancer/chronic egg fertilizer, and, according to local reports, his heart went "PopoZão" and he was rushed to a hospital with chest pains. It was so severe that according to local reports, Federline suffered a "mini heart-attack" (which sounds like an oxymoron if there ever was one).

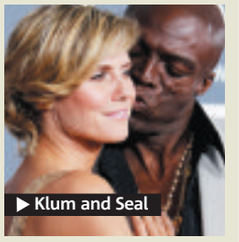
▶ Federline

Meanwhile, on the other side of the world, **Tracy Morgan** was also rushed to the hospital in Park City, Utah, on Monday after he collapsed at the Creative Coalition Spotlight Awards. A source told the Hollywood Reporter that, "Morgan seemed inebriated, yelling and falling onto the ground."

I know what you are thinking and no, it was not booze. It was the altitude at the Sundance Film Festival that felled the "30 Rock" star. Per his rep: "From a combination of exhaustion and altitude, Tracy is seeking medical attention. He is with his fiancee and grateful to the Park City Medical Center for their care. Any reports of Tracy consuming alcohol are 100 percent false."

This is one of those rare occasions that a PR statement is true: The hospital reports that Morgan did not have alcohol or drugs in his system when he was admitted.

Morgan and his fiancee shortly before his collapse.



▶ Klum and Seal

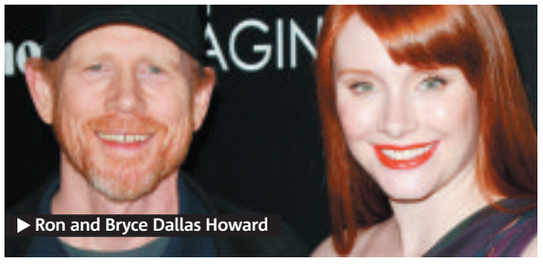
Klum and Seal: Yup, it's over

Heidi Klum and **Seal** have confirmed that they are separating after seven years together, according to People magazine. "While we have enjoyed seven very loving, loyal and happy years of marriage, after much soul-searching we have decided to separate," Klum says in a statement. "We have had the deepest respect for one another throughout our relationship and continue to love each other very much, but we have grown apart. This is an amicable process, and protecting the well-being of our children remains our top priority, especially during this time of transition." Seal and Klum are parents to Leni, 7, Henry, 6, Johan, 5, and Lou, 2. No zinger of a remark here — just sadness.

Talking points

Ron Howard is a happy grandpa

Bryce Dallas Howard gave birth to a daughter, Beatrice, late last week, the second child for Bryce and husband **Seth Gabel**, according to People magazine. And it was proud grandfather **Ron Howard** who broke the news, posting on Twitter, "Bryce & Baby B are spectacular Daddy Seth & brother Theo are beaming ear to ear." While the gender of the baby was kept a secret until the birth, Bryce previously said that her 4-year-old son, Theo, had predicted it would be a girl.



▶ Ron and Bryce Dallas Howard

Cowell is single yet again

Simon Cowell says his engagement to **Mezhgan Hussainy** is off — and the relationship is as well, in a way. "It's quite a complicated relationship. We have had a break from each other, and we are still incredibly close," Cowell tells the Sunday Mirror. "I'm vulnerable. It's not on, it's not off, it's somewhere in the middle. I don't know if I will ever get married, but I am happy." As for his gushing about Hussainy being "the one" during an interview with **Piers Morgan** when the couple was first engaged, Cowell says, "I have been pretty good about not talking about my private stuff, but I got caught up in the moment."

Reynolds and Lively hit the Big Easy

After spending time together in New York, Boston and Vancouver, **Blake Lively** and **Ryan Reynolds** have taken their city-hopping romance south to New Orleans, where they were spotted all over town last weekend, according to People magazine. On Friday, the pair stopped in at ice cream shop Creole Creamery. "Ryan comes in here sometimes when he's in town," a source says. "They did leave the store holding hands, though — supersweet!"

More from Sundance — and one wax Michael Jackson

1. Tonya Lee, Chris Rock and filmmaker Spike Lee showed up at the after-party for the Sundance premiere of "Red Hook Summer" on Sunday in Park City, Utah.

2. Comedy's greatest couple, Nick Offerman and Megan Mullally, attended the "Smashed" premiere during the film festival.

3. Three Michael Jackson wax figures — from The Jackson Five, the "Bad" era and the "This Is It" era — were displayed during the launch of the traveling exhibition "The Michael Jackson Experience" at Madame Tussauds on Sunday in Washington, D.C.

4. Bar Refaeli and Cameron Diaz were in the audience for the Dior Haute-Couture 2012 show as part of Paris Fashion Week on Monday in Paris.

5. Common attended the SAGIndie Actors Only brunch during Sundance on Sunday in Utah.

6. Guess who else is at Sundance? Nicole "Coco" Austin and her husband Ice-T. The duo posed for a portrait at the Getty Images Portrait Studio on Sunday in Park City.

7. Jenny McCarthy popped up on the red carpet at the LA Matadors versus Milano Thunder viewing party held at Avalon on Sunday in Hollywood.

1: TODD OREN/GETTY IMAGES
2: JONATHAN LEIBSON/GETTY IMAGES
3: KRIS CONNOR/GETTY IMAGES)
4: ERIC RYAN/GETTY IMAGES
5: FRED HAYES/GETTY IMAGES
6: LARRY BUSACCA/GETTY IMAGES
7: TIBRINA HOBSON/GETTY IMAGES

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▶ "More Room in a Broken Heart: The True Adventures of Carly Simon" is out now.

JOE MCNALLY/GETTY IMAGES

Music writer Stephen Davis finds there is 'More Room in a Broken Heart' with his new Carly Simon biography The woman who pioneered confessional songwriting seems to think the book is too revealing

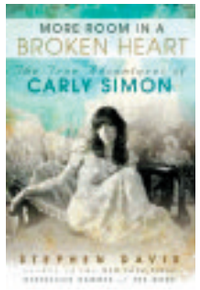
CLOUDS IN HER COPY

When Stephen Davis gave Carly Simon a first look at his new book, "More Room in a Broken Heart: The True Adventures of Carly Simon," he enclosed a note.

"I sent her the uncorrected proofs, and I said, 'Carly, if you like this book, I haven't done my job,'" Davis reveals.

The veteran music writer was right.

"I've talked to members of her family, and they say that she is upset. And it's not a good idea to get Carly Simon upset at you," says Davis. "On the other hand, it would have been an even worse idea to write a boring book about Carly Simon."

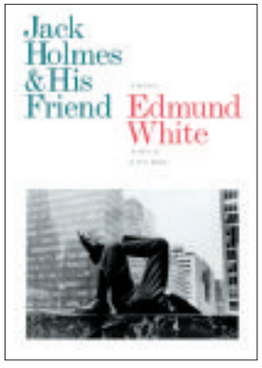


"More Room" is a far from boring account of the life of the iconic singer and her five-decade career, which is rife with huge hurdles of neuroses and great leaps in songwriting. It features bizarre cameos by the most important personalities of her time. A sampling from her youth: Pete Seeger was her kindergarten music teacher; Jackie Robinson played second base in family softball games; George Gershwin came over to hear how "Summertime" would sound with her mom singing. Later in the book, Marvin Gaye comes on to her, Jeremy Irons has a controversial cameo (see the sidebar for more on that) and she gets Mick Jagger to sing on her

Interview

Friend is a four-letter word

When it comes to affairs of the heart, the titular characters of the new novel "Jack Holmes and His Friend" are inept, but charmingly so. Spanning over two decades before and during gay liberation in New York City, the book chronicles the unrequited love that reluctantly gay Jack feels for his homophobic best friend Will. Contempt stokes the flames of desire in both men's volatile romantic relationships and even in their own friendship. But social taboos never break the odd couple's bond and, ultimately, they draw the two closer. We asked author, critic and professor Edmund White for his thoughts on love and the pursuits of happiness.



Jack's most valued friendship is with Will, who he never crosses the line with. Do you think one can be friends with another if sex is an ulterior motive?

The person in love spends all of his time wooing and studying and adjusting to the whims of the other. Part of friendship is that total concentration on another person. Love is a good motivator.

Have you had any friendships like Jack and Will's?

I've had close friendships with gay men who didn't reciprocate my sexual feelings. So I know what it's like. A friend of mine said, "I think that Jack seems so childish. Only a teenager would feel that way." But in my case, I really was hopelessly in love with a friend of mine for years.

While we get to know both friends intimately, the title and chronology of the book put Jack in the forefront. Yet Will is the one written in the first-person.

I wanted Jack to remain mysterious; I wanted a change of pace when I got to Will. I thought it would be a challenge to write in the first-person about a straight man. It's what novelists like to do; to imagine what a different existence is like.

Do you think, in 2012, either Jack or Will would support gay marriage?

Jack is pretty conservative. The two boys share that — they're both stuffy people. It was another way I could distinguish between myself and Jack. I was active in gay liberation; I was at Stonewall and one of the founders of the Gay Men's Health Crisis. That's the opposite of Jack, who's not sure he wants to be identified as gay. I think they probably wouldn't like gay marriage; marriage would seem too gay to [Jack].

GINA ANGELOTTI

A historical dimension

"In the beginning, in 1962, Will thinks he's very noble to have a gay friend because he's terrified that people might think he's gay," says White about exploring shifts in perceptions toward the gay community in the book. "But by the '70s, Will sees it's chic to be gay. Gay people have been on a rapid cycle, oppressed in the '50s, exalted in the '60s, even glorified in the '70s and then almost wiped out in the '80s. That was something I wanted to capture."

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Irons in the fire

One of the guaranteed controversies of "More Room" occurs on page 320. Davis discloses that in 1984, actor Jeremy Irons cheated on his wife with Carly Simon and got the singer pregnant. She underwent an abortion, which she said was "still a terrible source of pain and guilt."

"No one ever put that together before because it was very quiet and it was very secret, but she told me about that," says Davis. "And I asked her about that in July and I said, 'Look, I'm going to publish this.' … We had been talking about Jeremy Irons and I said, 'What about him getting you pregnant?' There was this terrible silence. And then she goes, 'How did you know that?' And I said, 'Well, you told me five years ago when I was doing the "Reflections" liner notes.' She then said, 'Well, I won't deny it.'"

biggest hit. A "did they?/didn't they?" theme recurs throughout the book. She also enjoys romances with Cat Stevens, Kris Kristofferson and Warren Beatty; most notably, she endures a marriage to James Taylor that saw fire and rain.

"I think she feels that the book is too revealing," says Davis, who usually drops at least one big bombshell with every musical biography he has written, including previous subjects Led Zeppelin and Aerosmith. And Simon has been publicly making her displeasure with the book known — but the way Davis sees it, if she's providing free advertising, nobody does it better.

"If she would just be quiet," he muses, "you know, you can't buy the publicity that she's giving this book."

PAT HEALY
pat.healy@metro.us

TV watch list

JOE TORENO/WETV

▶ "Joan & Melissa: Joan Knows Best?"

'Joan & Melissa: Joan Knows Best?'

REALITY. Melissa stages a plastic surgery intervention for Joan. Hasn't she seen the title of this reality series? Or her mother's face? Good luck with that. **Season premiere, 9 p.m., WEtv**

'All-Star Dealers'

REALITY. Who would drop a few grand on a stinky jersey worn by someone else? Plenty of die-hard sports fans — and they're all bidding for the hard-to-find memorabilia featured in "All-Star Dealers," the latest reality series following a group of auctioneers and their wares. **Series premiere, 8 p.m., Discovery**

'Southland'

DRAMA. Regina King's Det. Adams tries to charm information about a suspect out of a grandmother, who, in a nice touch of casting, is played by the actress's former "227" co-star, Marla Gibbs. **10 p.m., TNT**

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- *U.S. Two Cent 1873 and Older
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- *U.S. Large Cent 1857 and Older
- *U.S. Half Cent 1857 and Older

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at the Hilton New York and The Marriott Brooklyn Bridge

YOUR ITEM LIST

Take a few moments to check ✓ off the items you may have that we need!

- ✓ **JEWELRY:**
- ☐ Gold Jewelry
- ☐ Silver Jewelry
- ☐ Diamond Jewelry
- ☐ Wristwatches
- ☐ Pocketwatches
- ☐ Antique Jewelry
- ☐ Cameos
- ☐ Platinum Jewelry
- ☐ Charm Bracelets
- ☐ Gold Rings
- ☐ Garnet Jewelry
- ☐ Enamel Items on Gold & Silver
- ☐ Dental Gold
- ✓ **COINS & PAPER MONEY:**
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- ☐ Silver Coins (Pre-1964)
- ☐ Silver Bars
- ☐ Gold Bars
- ☐ U.S. Gold Coins
- ☐ Foreign Gold Coins
- ☐ Gold Bullion Coins
- ☐ Proof Sets
- ☐ Mint Sets
- ☐ Paper Money (1880-1934)
- ☐ Coin Collections
- ☐ Carson City Silver Dollars
- ☐ Indianhead Pennies
- ☐ Investment Coins
- ☐ Certified Coins
- ✓ **STERLING SILVER:**
- ☐ Silver Jewelry
- ☐ Flatware Sets
- ☐ Single Flatware Items
- ☐ Tea Sets
- ☐ Antique Items (all kinds)

PLEASE NOTE: We can arrange one of our representatives to visit your home if you have a large jewelry and coin collections.

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All Time Periods, Kinds & Types

We will pay up to for the following:

Centerpieces	Up To	$3,500
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$5.00	1842C Small Date, 1861D, 1864S	Up To	$6,500
$5.00	1908O, 1929	Up To	$6,500
$10.00	1859O, 1863S, 1875	Up To	$8,000
$20.00	1856O, 1854O, 1850O, 1861S, 1870CC, 1896, 1891	Up To	$10,500

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All Kinds, Time Periods & Types

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Girdlshiem	$14,000	LeCoultre	$6,000	Ladies Watches	$11,000
Dudley	$11,500	Longines	$13,000		
E. Howard & Co.	$12,000	Movado	$2,500		
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Frodsham	$12,000	Rolex	$16,000		

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Longines
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— *C. Parr*

I have been here 2 times and both times the people that work here were very friendly. I would definitely recommend this to my friends!
— *J. Grace*

It was really fast!
— *A. Davis*

I heard about this store from the radio and as soon as I got the chance I came to sell my unused jewelry. It was a great & friendly service and I will be back!
— *J. Smith*

My service was exceptional!
— *C. Sweeney*

Very informative & professional. A relaxed atmosphere & experience.
— *D. Rees*

The staff was helpful and friendly. I was able to take old jewelry and walk away with a handsome amount of money.
— *D. Smith*

I was offered a certain amount at one place and when I told RCFG the amount they beat the price by a good amount. People are very friendly and courteous.
— *J. Blomquist*

Had fun selling my old jewelry that was broken. Received some extra cash for Springtime and our new puppy. I would recommend RCFG!
— *C. Lang*

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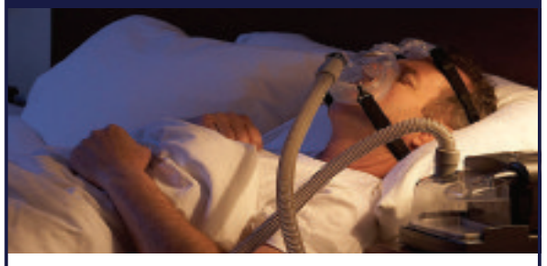
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New threats in Harlan

One villain won't do on 'Justified' this season Meet the men who will be keeping Raylan Givens on his toes

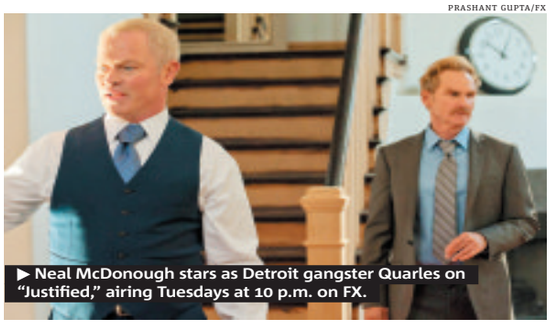
There's no shortage of bad guys causing trouble for Deputy U.S. Marshal Raylan Givens in the Southern underbelly where FX drama "Justified" exists. But finding one to match the grit and cunning of Mags Bennett — portrayed with Emmy-winning flair by Margo Martindale last season — was no easy task. So two men will go toe to toe with the modern-day gunslinger this year: Quarles (Neal McDonough), a Detroit gangster with his sights set on becoming a Kentucky crime lord, and Limehouse (Mykelti Williamson), a Harlan County man who has no scruples when it comes to protecting his holler.

"We wanted to ... try a different kind of antagonist this year," says "Justified" creator Graham Yost of the impeccably tailored, ruthless Quarles. "We thought it would be interesting to bring in a guy from the outside who thinks he's going to come down to Kentucky and show these backwoods hicks how crime is really done. We'll just see how that goes for him."

Quarles may have a hard time adjusting to his new surroundings, but it didn't take McDonough and Williamson long to acclimate to the "Justified" set. Well, not once they got over their jitters, at least.

"The first time I showed up on the set I was extremely nervous, because I'm a fan of the show and the last thing I wanted to do was destroy something that I just love," Williamson says. McDonough took a different approach: "[I] purposefully didn't want to watch what [Martindale] did last year, or what everyone else was doing, because I didn't want to get nervous," he says. "Then I sat down last week and I watched the show. Now I'm nervous."

PRASHANT GUPTA/FX



▶ Neal McDonough stars as Detroit gangster Quarles on "Justified," airing Tuesdays at 10 p.m. on FX.

No regrets

Creator Yost stands behind the decision to (SPOILER ALERT!) kill off baddie Mags Bennett in Season 2's finale. "We can't just accumulate bad guys over the years and have them all sitting around in a room like, you know, teachers on probation in New York," he jokes.

"I don't regret that we killed Mags; I do regret not having [actress Margo Martindale] around," he says.

The 'Super Bowl' of dramas

"Justified" newbies Neal McDonough and Mykelti Williamson can't stop gushing about their experience working on the critically acclaimed series. Williamson likens the creativity and talent of the cast to "the greatest group of jazz musicians playing together," while McDonough said going to work on the drama was "like Super Bowl Sunday every time you get to the set."

Why so much praise? McDonough credits star/producer Timothy Olyphant's dedication — and sense of perfectionism — to the success of the show.

"Tim's amazing. ... If the scene isn't working correctly, we'll take our time," McDonough explains. "We'll make it work perfectly. Not a lot of guys who are, you know, No. 1 on the call sheet, care that much about a show to make each scene as perfect as possible. Tim's going to hang out and make sure the show is top-notch."

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Dr. Oz: Why 'mentoring is the way to go'

When he's not operating on patients, hosting a talk show or authoring books, Dr. Mehmet Oz devotes his time to his charity, HealthCorps, a Peace Corps-like program that sends college grads into high schools to mentor students on health and well-being. We spoke with Dr. Oz at a reception celebrating Evamor water's partnership with HealthCorps, which will fund his mentoring program in additional schools across the U.S.

Why is peer-to-peer mentoring the right approach to take to teach kids about their health?

Well, part of it is because I have kids. I was asked by their school to give a talk to them once about 10 years ago, and they seemed sort of bored but I gave the talk anyway. The next day, as I got to the hospital, I had probably a dozen phone calls from corporate executives, lawyers [and] other doctors saying their kids had come home that night and had told them things like "If you have a piece of bread, it's like having a candy bar." And it began a process in my mind: If we can get these kids to talk with each other in a way that makes it cool to push back against your parents, they'll do it. I'm not the one to deliver that message, but I can get college kids to do it. I was working a lot with Timmy Shriver and Maria Shriver, and their father, Sargent, started the Peace Corps, so I put the two experiences together. I said, "You know what? We can create an organization where we use the same kind of enthusiastic energy that young college graduates have, put them back in schools around the country and allow for that unique experience when a 21-year-old talks to a 17-year-old." I'm not the right person to deliver the message, but I can give the 21-year-old the information they need to make it happen. That was the foundation of the concept. And I think the best way of scaling a program, inexpensively building it and touching a lot of lives — mentoring is the way to go. These volunteers are able to go out and do a lot of good. And they only do it for a couple years — they go off to med school or whatever they want to do in life — but it gives them two years of really great experience and it gives us two years of their service, which is hugely valuable.

What are your goals for the program, and what are you doing to reach them?

I want to have HealthCorps schools in every major city in America, and I want to have them in every state. We may not be in every school, and I think one of the things we're learning is that we can develop [the] best practices from the many schools we're in that other schools can adopt and begin to use in their own programs. We're gonna call it HealthCorps University. So either you'll have one of my volunteers in your school who will teach your kids about health, and [for] anybody else, health teachers can take the syllabus and use it on their own. It's written in a way that's very accessible to high schoolers, and it's free, so it takes away a lot of the obstacles to implementing it.

MEREDITH ENGEL
meredith.engel@metro.us

Q&A: How can parents get involved?

The most important thing for parents to do is to get their kids to either use the website and the content on it or, more importantly, talk to their school systems about whether they can have a HealthCorps program there. What makes the school systems great is the teachers and the parents collaborating. We have wonderful programs that we have started primarily because parents went to schools and said, "I see this program, I want to have it." And then [they] find some kind of a hybrid program that's affordable and works.

▶ Dr. Oz spoke about HealthCorps on Thursday in New York City.

GETTY IMAGES

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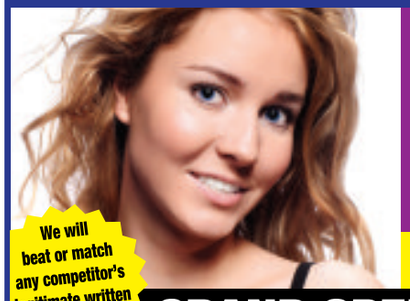

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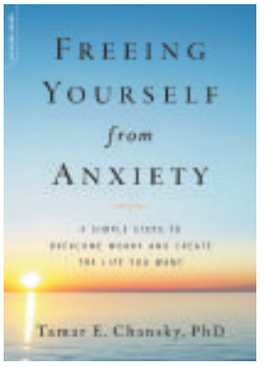
How to not be an anxious parent

Every mom or dad can (and will!) beat themselves up over a parenting misstep here and there. But if you're constantly berating yourself — and your negative thoughts are taking over — you should accept that in life, and especially in parenting, nobody's perfect. Let Tamar E. Chansky, Ph.D., author of "Freeing Yourself from Anxiety," teach you how.



▶ **Let go of expectations:** Whether it's your expectations for your child that he never pick his nose in public and always get straight A's, or your expectations for yourself — that your kitchen counters always sparkle and your clothes never have PB and J on them — let them go. Real life has smudges, crumbs and B-minuses. If all of our energy is spent warding these moments off, we'll be stressed to the max and we'll miss out on what's really happening in our lives.

▶ **Don't jump to conclusions:** When our children cry at a birthday party or the first day of school, we race ahead to the future and catastrophize that they will always be this way and they'll never be able to handle these moments. Snap back to the present. Things may be hard now, but with your help and acceptance, your children will move through these struggles.

▶ **Choose your support wisely:** If your social network consists of people who compare their kids and worry about their 5-year-old not getting into Harvard, keep looking! Parenting is hard enough without other parents raising the stakes and your blood pressure. Seek out other parents who share your values and desire for sanity.

▶ **Allow your child to struggle (a little):** We race ahead trying to remove every obstacle for our children. Like us, kids learn best from their mistakes, so let them have them. Resilience is like a muscle: It benefits from practice.

▶ **Allow yourself some worry time:** Worry is a natural part of life and of love. If your worry is becoming the default mode every day, make it wait for your attention. Schedule five minutes each day when you go into that dark tunnel, and if worry comes at you at other times of the day, tell it that it's not time yet. When it's worry time, make two columns: Fears on one side, facts on the other. Fear always gets the story wrong — recite the facts of the matter. METRO

Advice

Ease the ouch

If your kid's due for a vaccination, try these tips from Stefan Friedrichsdorf, M.D., a medical director at Children's Hospitals and Clinics of Minnesota.

Ask for numbing cream: Certain sprays and creams can help take the pain out of a jab. When you book the appointment, find out what your doctor recommends.

Let your child be in charge: The more control he has, the less scary the visit will be. Ask which arm he'd like the shot in or if he wants to sit on the table or in your lap.

Provide distractions: Give your kid a bottle of bubbles during the injection. The act of blowing will relax him and give him something else to focus on.

Stay calm: Don't use high-anxiety words such as "hurt" or "needle." Instead, talk about something fun: "Do you want to go to the library after this?"

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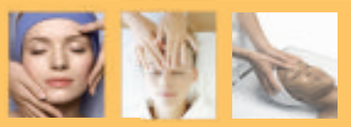

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education guide

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FUSE

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Each of the elements of a business school application provides a different kind of information.

"We're looking for well-rounded candidates," says John Adamski, director of graduate admissions at Drexel's LeBow College of Business in Philadelphia. The different elements combine to provide a good picture of that well-rounded candidate.

Strength in one area of the application can compensate for weakness in another. "For instance, someone who's been out of school for several years might have forgotten their algebra, and so not done so well on the GMAT," Adamski explains. "We'd look more closely at their résumé. If he or she was operating as a director, the GMAT score would not necessarily be a problem."

JUDY WEIGHTMAN
judy.weightman@metro.us

Need to know

Adamski explains the significance of each element of a typical application:

- **GMAT score:** At LeBow, the admissions committee weights it more heavily for younger applicants (those with less work experience) and for those looking to enroll in a full-time program.
- **Undergraduate GPA:** You don't have to have been a business major, but you should have good grades. If you had a rocky first semester or first year, stronger grades later can compensate.
- **Statement of purpose:** Think through specifically what you want to achieve by getting an MBA. General comments like "it will help in my career" are not impressive.
- **Letters of reference:** At least one should be from a current or former employer, or sometimes a co-worker. Ask the person to give specific, concrete examples of your success.
- **Résumé:** Make sure it's up to date; don't just dig out the one you used in your last job search two years ago. List outcomes, not just responsibilities.

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Do your homework

You'll be applying to more than one school, and you should treat each application individually. "I can spot a cut-and-paste job a mile away," Adamski says. "We want to know not just why you want to go to business school, but why you want to come to LeBow."

Do the research so you know what each school offers and can explain why that school meets your needs, Adamski advises. "We want candidates who have done due diligence to find the schools that will best meet their needs."

Patricia Newton
Professor, Financial Services
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education guide

COMSTOCK

▶ Do your research.

Rules for law school

◗ Objective qualities like LSAT scores are only part of getting in ◗ Some schools also look at person's character

A law school application package includes a mix of objective and subjective elements, says Alicia Brooks, associate director of admissions at New York's Brooklyn Law School.

The three objective elements are the LSAT score, undergraduate GPA and caliber of the school attended. A 4.0 at an Ivy League school is obviously a lot more impressive than a 4.0 at Podunk U.

"We also look at more subjective indicators like character, commitment, aptitude and life experience," Brooks says. These can't be boiled down to numbers, but they're just as important in determining who will benefit from — and succeed in — a law school education.

These subjective factors are weighed to ensure that each entering class represents a range of experiences. "Diversity is important to us," Brooks says. "It makes for more interesting class discussions, and students can benefit by learning from each other."

As you research schools, check their websites for information about how they weigh the different elements. Some schools, for instance, will state a specific minimum score expected on the LSAT, while others will indicate a range of acceptable scores. "Look at the profiles of previous classes for typical GPAs and test scores," Brooks advises.

Once you've identified your target schools, you should visit each school in person if at all possible. Many schools schedule tours and information sessions for prospective students.

JUDY WEIGHTMAN
judy.weightman@metro.us

Tip for success

"Use your personal statement to emphasize your strengths and explain your weaknesses," Brooks says.

If there's a problem that you can't do anything about, like your undergrad GPA, "Explain that weakness without being defensive and shifting blame," Brooks advises. Did you switch majors and do better after that change? Were there other things going on in your life that affected your schoolwork? Accept responsibility for your actions, but let the school know what the circumstances were.

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Letters

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Corporations must not vote too much

RE: "YOU KNOW, MITT, THIS MEANS WAR:" I guess, for South Carolinians, Mitt Romney went 12.5 percent too far when he declared with his all-purpose smile that corporations are people too. Either that or they relate better to a mean man than they do to a robber baron because they have lost hope of ever becoming one, thanks to the food stamp president and then some. **SUZY SANDOR, NEW YORK**

Need advice: Where is Jonathan Alpert?

I am a longtime Metro reader and a fan of Jonathan Alpert's column. Matter of fact, I have been reading his column since June of 2006. I remember the time because it was right about the time I got married and he wrote a column about pre-wedding anxiety and it hit the mark with what I was going through. His column rocks! I haven't seen his column for what seems like a few months and wonder where he is. He gives really good advice rather than what everyone else is doing: offering bland, generic advice that can be found anywhere. Please bring back some real advice, the type that has gotten me and my girlfriends through so many dramas over the years. **SARAH GOLDMAN, VIA E-MAIL**

"As a society we are promoting betrayal, violence, bullying and promiscuity."

Where are today's role models? Our youth look up to sports players and TV personalities, who leave much to be desired. It seems to me that as a society we are promoting betrayal, violence, promiscuity and bullying. Let me also point out the video games being sold to our youth, some of which are quite violent and sexually explicit. That is a sad commentary about our society today. There was a time when our political leaders, sports figures, movies and television personalities presented the proper moral compass. Today's media want to shape our youth in what they perceive today's youth should be and not what is right and not possessing properly displayed behavior. I guess good moral programing doesn't sell commercial products. **FREDERICK R. BEDELL JR., GLEN OAKS VILLAGE**

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Keep them as brief as possible, preferably under 100 words.
Metro reserves the right to edit all letters.
Please include your name and contact information.

National joke is what's 'despicable'

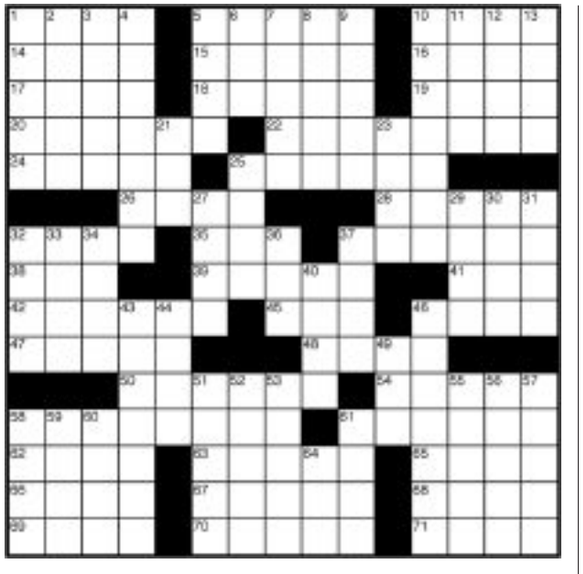
The four clowns who are left in the Republican presidential debates are a joke. Gingrich is a lecherous old man who cheated on his wives; Romney a pompous elitist who destroys companies and families all for his own profit (which he hides in overseas bank accounts); Santorum a religious fanatic who believes in Noah and the great flood yet doubts global warming; and Paul who seems to make sense in some aspects — that is, if you disregard his racist views as well as those of his son, Sen. Rand Paul. As to Gingrich calling John King despicable for asking about his wifely scandal, that's his job as moderator! King should have informed Gingrich that "despicable" would be a way to describe someone who would serve his wife with divorce papers on her hospital bed where she was undergoing cancer treatment. How presidential. **ROBERT LA ROSA, WHITESTONE**

Horoscope

♒ Aquarius **Jan. 20-Feb. 19.** Because of your deft management, situations that normally would be causing all kinds of problems will be easy to digest. You'll have the fortitude to handle everything well.
♓ Pisces **Feb. 20-March 20.** In order to perform more effectively, you should do your best to move at a measured pace. This will give you plenty of time to study each step before you make a committed leap.
♈ Aries **March 21-April 19.** You'll get your chance to finally meet a person whom you always wanted to know. Spoiler alert: This individual is exactly what you thought he or she would be like.
♉ Taurus **April 20-May 20.** Be dedicated and persistent about your objectives, and you will be able to accomplish exactly what you want to do in the manner that you want to do it.
♊ Gemini **May 21-June 20.** Your imagination and your experiences are two of the most valuable assets you possess. You should always rely on your ideas and perceptions to tell you what things are all about.
♋ Cancer **June 21-July 22.** If there is someone in dire need of your help to rectify a matter that she or he has been unable to handle alone, give freely of your time and talents to help where you can.
♌ Leo **July 23-Aug. 22.** The cooperation of your associates will be far easier to acquire if you first show them that what you intend to do will be as good for them as it is likely to be for you.
♍ Virgo **Aug. 23-Sept. 22.** To have a productive day, establish your own schedule and pace, and don't depend on anyone to do anything for you. Nothing will be accomplished if you wait for others to help.
♎ Libra **Sept. 23-Oct. 23.** A pleasant experience is likely if you plan something such as lunch with good friends. Getting caught up on news will be fun, but simply seeing old chums will be the best part.
♏ Scorpio **Oct. 24-Nov. 22.** Going out on the town isn't likely to be as much fun as having your pals over to your place for a friendly get-together. Plan something simple that everyone would enjoy.
♐ Sagittarius **Nov. 23-Dec. 21.** Getting out and about will help soothe your restless spirit. Call some friends and pick several places to go that you know everyone would relish.
♑ Capricorn **Dec. 22-Jan. 19**. Wearing out shoe leather is a lot cheaper than spending more dollars than necessary. Take the time to do some comparison shopping and it'll pay off more handsomely than you think. **BERNICE BEDE OSOL**

Across
1 Regard with awe
5 Type of bear
10 Pajama cover
14 An astringent
15 Marshy tract
16 African-born supermodel
17 Calf-length
18 "Belling the Cat" author
19 Peddle
20 Lodestone
22 Exhibitions
24 Up till now(2 wds.)
25 Abhor
26 Lowest high tide
28 Castle that danced
32 Balance
35 Large antelope
37 Flowering shrub
38 Rose fruit
39 Flashlight carrier
41 Small shots
42 Incapable
45 Memo acronym
46 Change
47 __ Haggard of country music
48 Pound or Cornell
50 Insult
54 Heating pipes
58 Car trouble
61 Out like a light
62 Viking name
63 Trot and canter
65 Not apt to bite
66 Aftermath
67 Archipelago dot
68 Sports channel
69 Malamute's load
70 Physicist Nikola __
71 Riverbank growth

Down
1 __ globulin
2 Wanted-poster word
3 Roly-poly
4 Well-known
5 11th-grade exam
6 Feel grateful
7 Dogie stopper
8 Kahuna's hello
9 Move a croton
10 Nice location?
11 Shaman's quest
12 Big __ theory
13 They may be split
21 When Paris sizzles
23 Zoom past
25 RN assistants
27 Flu symptom
29 Isle of exile
30 Midwest st.
31 Duck soup
32 Baba au __
33 "__ kleine Nachtmusik"
34 Practice boxing
36 "Weird Al" Yankovic film
37 Desert st.
40 Got a load of
43 Jammed
44 Departed
46 One who avoids bars
49 Rural rtes.
51 Tempus __ (time flies)
52 Clean the slate
53 Simon and Diamond
55 Refrain from
56 Former Fiesta Bowl site
57 Buy
58 Hard benches
59 Caspian Sea tributary
60 Winged Victory
61 Movie pooch
64 Util. bill



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					6	7		4

SUDOKU **LEVEL: EASY**

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9		4			3	2		
	7		5		6		9	
		1	2			5		7
			8	4	5			1
							8	
			9	2		6	4	

SUDOKU **LEVEL: HARD**

Solution to yesterday's crossword

How to play Sudoku: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

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destinations

2012: All eyes on London

With 11 billion pounds invested in the Summer Olympics, now is the perfect time to pay a visit

What this kind of face-lift looks like for visitors and locals alike

GETTY IMAGES

▶ The English National Ballet, National Dance Company Wales and Scottish Ballet join forces for the first time in a groundbreaking national celebration of dance inspired by London 2012. More cultural events can be found at www.london2012.com.

By the numbers

Olympic visitors

- **294,000:** International overnight visitors
- **587,000:** Domestic overnight visitors
- **5.5 million:** Amount of day visitors over the entire Olympic period (people from the U.K. and Europe)

The 2012 Summer Olympic Games don't kick off until July 27, but London has undergone a giant transformation since it was picked in 2005 as the event's host site. Metro talked with Chloe Couchman, Head of Communications for Business & Major Events for the London & Partners, the city's official promotional organization, about what London has done to prep for the millions of new visitors. Now is the perfect time to book a trip to the city — during the world's foremost sports competition or not.

DOROTHY ROBINSON
dorothy.robinson@metro.us

Top 3 reasons

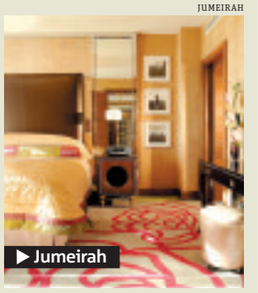
London's calling

- **London has gotten a huge, expensive face-lift.** "We've seen [more than] 11 billion pounds' worth of investment — that's everything from new stations to new rail lines to new hotels," says Couchman about the huge improvements the city has undergone since it was picked as host by the International Olympic Committee. "Getting the Olympics means a huge halo effect for the entire city. The amount of regeneration and change because of it is huge." Couchman points to the new Stratford International station, which will connect visitors from the Olympic Park to central London, as one of those major, once-in-a-lifetime improvements.
- **Londoners are ready to party.** "We've been hosting the Cultural Olympiad since they handed the baton over to London in 2008; it's the largest cultural celebration in the history of the modern Olympic and Paralympic Movements," Couchman notes. "That means amazing art shows and famous artists who come to take part in special, one-off exhibits and events here." With the Queen Elizabeth II's Diamond Jubilee taking place, as well as The World Shakespeare Festival and the 200th birthday of Charles Dickens (to name just a few), she notes: "Londoners are in quite the party mode and ready to welcome the world." She suggests checking out the Limited Edition London segment on their website, **www.visitlondon.com**, to learn more about other cultural events taking place in 2012.
- **Even if you don't have an Olympic ticket, there are still plenty of ways to take advantage of the London Olympics.** Couchman names three such events: The Triathlon held in Hyde Park, the marathon and the road cycling event. "You can still see amazing athletes with London as an iconic backdrop," she notes. There will also be communal spaces all over the city for visitors and locals alike to watch the broadcast competitions.

Where to stay

Couchman says if you want to plan a visit in 2012 to visit London, it's best to do your research first. "Try to use official websites, like Visitlondon.com and London2012.com to find out essential information," she advises. She says there are accommodations for every price point, from campsites to 5-star hotels. One such 5-star hotel? The Jumeirah Carlton Tower, which is located right in the heart of fashionable Knightsbridge, one of the world's most exclusive shopping havens. If you can tear yourself away from one of their luxurious rooms, Harrods and Harvey Nichols, as well as luxury designer boutiques on Sloane Street, are just a stroll away for those who consider shopping a real Olympic sport.

JUMEIRAH



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Coughlin finally seeing parallels

Coach embracing '07 similarities after trying to ignore them for much of postseason Freely admits to being 'delighted' with team's chemistry

EZRA SHAW/GETTY IMAGES

An unusually cheery Tom Coughlin celebrates with Devin Thomas, who recovered the fumbled punt that set up the game-winning field goal by Lawrence Tynes.

Giants head coach Tom Coughlin has preached all postseason that this current streak has little to do with their magical 2007 Super Bowl run. But now, following Sunday's NFC championship win, even he can't ignore the parallels.

"I'm trying to fight it," Coughlin said. "But Osi sat next to me for a minute [in the locker room] and he just looked at me with a smile on his face. He said, 'Have you thought about how this is coming down? Do you realize that this is scary because of the way that this is coming about?'"

"It's the weirdest thing I think I've ever been a part of. I can't really explain it."
OSI UMENYIORA, ON THIS SEASON

Just like in past Super Bowl-winning seasons, conquering unforgettable title games is not a new endeavor for the Giants.

Lawrence Tynes' game-winning field goal on Sunday split the same uprights at Candlestick Park where Matt Bahr kicked a game-winning 42-yarder as time expired in the 1990 NFC championship game.

"I can't say how proud I am of these guys," Coughlin said. "We're very grateful and humbled to win a game like that [and] grateful to win five elimination games in a row."

The normally reserved Coughlin allowed a peek into the emotions he felt throughout the week.

"I'm delighted. I'm excited [and] at times it's very difficult to contain yourself," he said.

TONY WILLIAMS
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GETTY IMAGES

Pineda

Pineda happy to be a Yank

The Yankees made the Michael Pineda for Jesus Montero trade official yesterday and the young stud pitcher is already saying all the right things.

"I'm feeling great and I'm beyond excited," Pineda said in a conference call. "I never thought I would become a New York Yankee so early in my career."

To do so, the Yankees had to give up prized slugger Jesus Montero, who general manager Brian Cashman compared to Miguel Cabrera.

"This is the best thing in the world," Pineda said. "Pitching alongside CC Sabathia, I'm speechless."

Cashman also said he didn't plan to sign a designated hitter, but might trade for one. **METRO**

3

In the news

Posada says bye
Jorge Posada will say his official goodbye this morning.

The longtime Yankees catcher has scheduled a press conference for 11 a.m. to officially announce his retirement from baseball.

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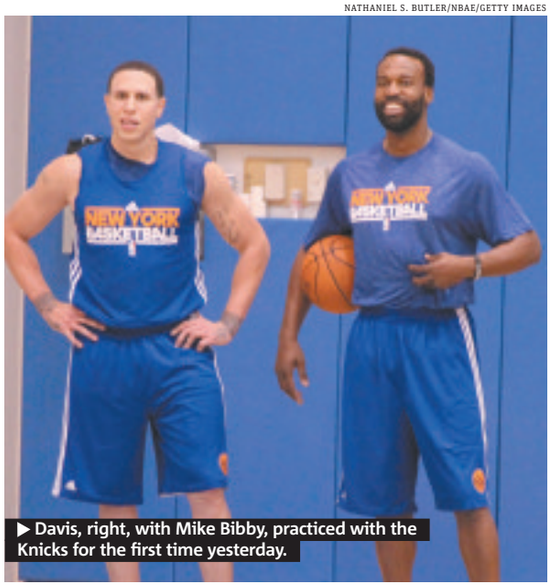

▶ Davis, right, with Mike Bibby, practiced with the Knicks for the first time yesterday.

Davis practices with Knicks

◗ Point guard on track to return, but timetable is still unknown ◗ Lots of expectations placed on him ◗ Says he's not worried about team's record

Nothing like the weight of the world on your shoulders to welcome you to your new team.

Veteran point guard Baron Davis practiced for the first time with the Knicks yesterday, and he's already being counted on to fix a staggering offense.

"It just takes time and timing and pace in order to really get that rhythm," Davis said after practice. "Once our offense catches up with our defense, we're going to be unstoppable — so I'm not really worried about our record."

Fighting pain

Carmelo Anthony said he might be resting his injured ankle if it weren't for the team's current struggles.

"As a leader of this team, I don't think I can do it right now," **he said.** "With us just losing games like that, I don't want to just sit out."

Knicks fans might share a different sentiment.

The team is 17th in the league in scoring, averaging 94.3 points per game. Last year, with Carmelo Anthony only on the team part of the season, the team was second in the NBA with 106.5 points per game.

For now, the Knicks are tempering expectations for Davis, who still has no timetable for return from the back injury that has kept him out all season.

ON TV TONIGHT
Knicks at Bobcats
7 p.m., MSG

Davis admitted he contemplated retirement before signing with the Knicks.

"It felt wonderful, considering three months ago every time I came to the gym, I could barely walk or even pass the ball when I was working out with my kids," Davis said about his return to practice. "It just felt good to be out there with my teammates.

"There's a lot of expectations, but I think I'm up for the challenge."

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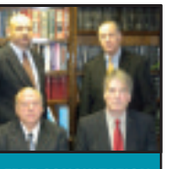
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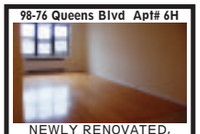

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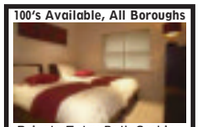

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Send resume to 718-739-3898

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PARTS MGR. & SERVICE MGR. Very busy import & domestic dealer is looking for top professionals & is willing to pay Big Bucks for the right individuals. CSI performance is a top priority. If you're a take charge, responsible individual, this job is for you. ADP systems knowledge a plus. Top pay & incentive, co. benefits & 401k. Call Heather for an interview 201-845-0700 x1027.

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Busy Import & Domestic dealer has an opening for an exp'd individual w/a proven track record. Familiar w/ADP inventory systems. Top pay plan & co. bnfts. Call Heather for interview 201-845-0700 x1027.

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Legal Notices

NOTICE OF FORMATION of RLFNY Consulting LLC. Art. Of Org. filed with Secy. Of State of NY (SSNY) on December 7, 2011. Office location: New York County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Neil D. Ash, 122 East 42nd Street, Suite 1507, New York, NY 10168. Purpose: Any lawful activity.

Legal Notices

STATE OF CONNECTICUT SUPERIOR COURT
JUDICIAL DISTRICT OF STAMFORD/NORWALK AT STAMFORD

PLAINTIFF'S NAME: ROLLINO, CHARMAINE A

DEFENDANT'S NAME: ROLLINO, GERARD

NOTICE TO: ROLLINO, GERARD
RETURN DATE: 2/28/2012

The Court has reviewed the Motion for Order of Notice and the Complaint/Motion which ask for Divorce (dissolution of marriage)
The Court finds that the current address of the party to be notified is unknown and that all reasonable efforts to find him/her have failed.
The Court also finds that the last address of the party to be notified was: 118-47 Springfield Blvd. Cambria Heights, NY 11411
THE COURT ORDERS that the notice be given to the party to be notified by placing a legal notice in Metro New York a newspaper circulating in Cambria Heights, NY containing a true and attested copy of this Order of Notice, and, if accompanying a Complaint for divorce (dissolution of marriage), complaint for dissolution of civil union, legal separation or annulment, or if accompanying an Application for custody or visitation, a statement that Automatic Court Orders have been issued in the case as required by Section 25-5 of the Connecticut Practice Book and are a part of the Complaint/Application on file with the Court. The notice shall appear once a week for two successive weeks commencing on or before 2/9/2012 and proof of service shall be filed with the Court.

H.Velasis, Clerk
Date Signed: 1/5/2012

ATTESTED BY JOSEPH PURCELL, STATE MARSHALL, TO BE A TRUE COPY

NOTICE IS HEREBY GIVEN that a license, serial # 1258761, for Wine & Beer has been applied for by the undersigned to sell Wine & Beer at retail under the Alcoholic Beverage Control Law at 384 Broome St. NY, NY 10013. New York County, for on-premise consumption. Sals Family Pizza Inc.

NOTICE IS HEREBY GIVEN that a license, serial # 1259688, for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 37-41 Washington Ave. Brooklyn, NY 11205. Kings County. For on premise consumption. Il Porto Brick Oven Ristorante Llc.

NOTICE IS HEREBY GIVEN that a license, serial # 1260349, for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 395 Wythe Ave. Brooklyn, NY 11211. Kings County. For on premise consumption. Stina Easton Inc.

NOTICE IS HEREBY GIVEN that a license, serial # 1260366, for Wine & Beer has been applied for by the undersigned to sell Wine & Beer at retail under the Alcoholic Beverage Control Law at 259 1st Ave. NY, NY 10003. New York County, for on-premise consumption. Grandma Boonchu Corporation.

Notice of Regular Meetings
Calendar Year 2012
Board of Trustees of
The New York Public Library,
Astor, Lenox and Tilden Foundations

Pursuant to Section 260-a of the New York State Education Law, the following is a list of The New York Public Library's Board of Trustees' meetings presently scheduled for calendar year 2012, to be held at the Stephen A Schwarzman Building, 476 Fifth Avenue, unless specified otherwise.

Board of Trustees: (4:00 p.m.)
February 15
May 16
September 19
November 14
Executive Committee: (3:30 p.m.)
January 25
March 14
June 13 (12:30 p.m.)
October 17 (12:30 p.m.)
Audit Committee: (2:30 p.m.)
February 29
June 13
October 30
Finance Committee: (8:30 a.m.)
(667 Madison Avenue)
April 18
August 8
December 5
Investment Committee: (10:30 a.m.)
February 8 (10:00 a.m.)
May 16
September 19
November 14

Meetings of the Library's Board of Trustees and Board Committees are open to the public. Members of the public may attend for the purpose of observing the meetings. Portions of the meetings may be closed to the public to address certain matters as permitted by law.

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Occupational Therapists

Qualified candidates should have a Bachelor's degree, Master's preferred; NYS OT license and certification; and a minimum of 1 year Pediatric OT experience.

Speech Language Pathologists

Qualified candidates should have 2 years of experience with 1 year of pediatric experience; knowledge of normal vs. abnormal language development, and developmental disabilities and feeding; a Master's degree in Speech-Language Pathology; NYS SLP license; and NY Teacher of Speech and Hearing Certification. ASHA certification is preferred. CFY's with TSHH or TSLD welcome.

Nurse Education Coordinators

Qualified candidates should have a BSN/MSN with 5 years' experience in training and education in a hospital or long-term care facility.

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Qualified candidates should have a Bachelor's degree or Master's degree in Special Education with New York State Initial, Provisional or Permanent Certification in Special Education.

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